

NAQUAG ELEMENTARY

Specialist Newsletter

INSIDE THIS ISSUE::

ART NEWS: page 2

MUSIC NEWS: page 3

PHYS ED NEWS: page 1

Fall, 2019

2019-2020

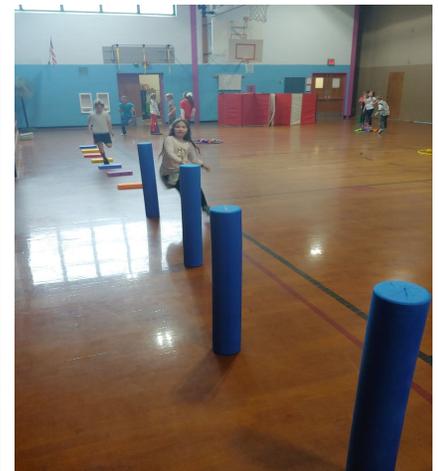
Mr. Barbale

PHYSICAL EDUCATION

Greetings Naquag families and friends! and Happy Fall! We are in the swing of things in Phys. Ed. class and already having so much fun. I am sure children have shared with you many of the fun and exciting games we have played thus far. If not...ask about them and maybe even give them a try at home! The main objective is to get the kids moving and exercising in a fun and engaging way. This will hopefully promote healthy fitness levels and ultimately healthy lifestyles.

Much of the focus is on the development of locomotor skills (running, skipping, hopping, jumping, etc..) and incorporating those movements into fun games and activities.

Pictured to the right are students participating in the obstacle course relay. This is a class favorite and a great way to incorporate endurance, quickness, agility, balance, coordination and speed, all while laughing and having a ton of fun. Students will also participate in many team games which help develop the skills of teamwork, strategy, and healthy competition. I am looking forward to the rest of the year and hope the students are too!

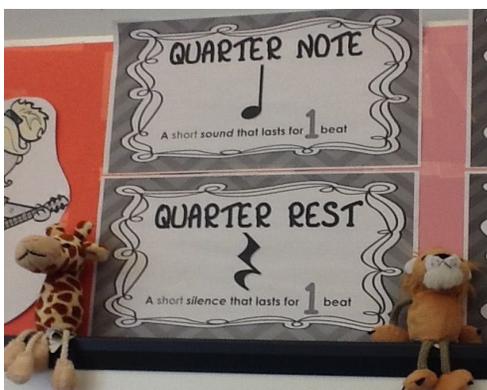
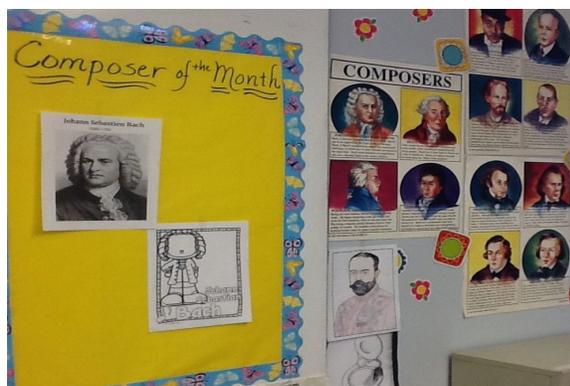


Mrs. Gough Greetings from the Music Room! Our 2019-2020 year has gotten off the ground extremely well and is now in full swing. The students are learning about the many different music concepts, such as steady beat, rhythm, pitch, melody, dynamics, and form. We have been enjoying playing classroom instruments, learning and singing a variety of songs, dramatic play, improvising music and movement, plus much more!



New this year is a study, entitled *Composer of the Month*, in which a different composer is introduced monthly, including their history, time period, examples of their compositions, followed by a fun coloring sheet of both realistic and cartoon versions of them. A handful of sheets will then be displayed on my bulletin board outside of the main office with information about the composer. The children are having a great time while being introduced to composers of the past.

SOUSA



Our Bulletin Boards!

When you enter our school, be sure to take a look at the three big bulletin boards in our front lobby. On each of the boards you will find artwork, song sheets, photos, and many other interesting items from Art, Music, and Phys Ed., which change as the year progresses. We always try our best to make them fun to look at and informative too!